

WHAT
IS
A
STUDENT
ASSISTANCE
PROGRAM?

The Student Assistance Program (SAP) is a process for identifying students who are experiencing behavior and/or academic difficulties which pose a barrier to their learning and success in school. SAP offers support to those students and their families.

The core of the Student Assistance Program is a team who have received specialized training from Commonwealth of Pennsylvania Approved SAP Training providers and other related continuing education.

One of the most important tasks of a student assistance team is to build a partnership with families, focusing on the student's success as their common goal. Participation in the Student Assistance process is voluntary.

Members of the
Junior High West
SAP Team are:

- **Deb Donovan**
- **Greg Galtere**
- **Kathy Gregory**
- **Lisa Jackson**
- **Rachel Franco**
- **Shelley Livelsberger**
- **Connie Moser**
- **Rafael Perez**
- **Brian Rohn**
- **Marilee Cassidy**
School Counseling Coordinator
- **Cindy Chmielewski**
Caron Foundation
- **Deb Donahue**
Creative Health

Please contact a SAP member, teacher, or principal, if you or someone you know needs help.

For additional information about the Student Assistance Program, call the SAP office at 610-473-3678 or contact your principal.

THE STEPS OF THE SAP PROCESS INCLUDE:

Referral:

Individuals who know of students experiencing barriers to education can refer them to SAP. Parents, guardians, teachers, or classmates may refer students. The students may also refer themselves.

Family Involvement:

Families are directly involved once the student has been identified. Lines of communication are open at all times. The SAP process does not replace the parents' decision-making responsibility.

Intervention:

Our aim is to intervene between a student and anything that may hinder learning. This includes offering a wide-range of supports including school and community resources.

Support and Follow-up:

SAP strives to offer continued contact and support to aid students and parents in maintaining all successful interventions.

Postvention:

Sometimes we are called upon to respond to the needs of our students in the event of a tragedy. Our actions are designed to prevent further trauma and begin the healing process.

Signs and Symptoms of possible barriers to learning

- Academic decline
- Attendance concerns
- Disciplinary problems
- Isolation
- Change in friends
- Sadness or mood swings
- Decreased attention span
- Signs of “saying good-bye”
- Odor of alcohol or marijuana
- Glassy or bloodshot eyes
- Loss of interest in activities
- Fatigue and listlessness
- Self abuse
- Expresses openly alcohol or other drug use
- Engages in dangerous behaviors
- Expresses hopelessness
- Noticable change in weight
- Poor hygiene

Educational groups offered through SAP may include:

- Anger Management
- Decision Making
- Healthy Eating
- Stress Management
- Leadership skills
- Smoking cessation

You are invited to contact your counselor or a member of the SAP team for information about a group.

Local Support Agencies

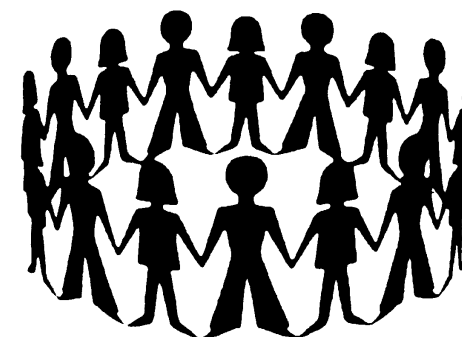
Berks County Phone

Al-Anon and Al-A-Teen	610-373-5237
Alcoholics Anonymous - 24 hours	610-373-6500
Berks Aids Network	610-375-2242
Berks Children and Youth Services	610-478-6700
Berks Women In Crisis	610-372-9540
Berks Counseling Center	610-373-4281
Boyertown Area Multi-Service	610-367-6957
Caron Counseling Center	610-678-2332
Child Abuse Hot-Line	1-800-932-0313
Council on Chemical Abuse	610-376-8669
Family Guidance Center	610-374-4963
Mental Health Services	610-236-0530
Narcotics Anonymous	610-374-5944
Poison Control Center	1-800-222-1222
Rdg. Hospital for Mental Health	610-988-8070
Rdg. Hospital Drug/Alcohol 24 hours	610-988-8186
Rdg. Hospital and Medical Center	610-988-8000
St. Joseph Hospital	610-378-2000
Talkline	1-800-472-Talk

Montgomery County Phone

Addiction Counseling Services, Inc.	610-970-1200
Alcoholics Anonymous	610-373-6500
Children's Crisis Support	1-888-HELP-414
Creative Health Services(MH)	610-326-9250
Creative Health Services (D&A)	610-327-1503
Domestic Violence	610-970-7363
Genesis Pregnancy Care Center	610-970-8089
Juvenile Law Center	1-800-875-8887
Montgomery Child it Youth Services	610-278-5800
Montgomery Cnty Emerg. Serv. (MH/MR/D&A)	610-279-6100
Victim Services Center of Montco	610-277-0932
Women's Center of Montco	610-970-7363

The Boyertown Area School District does not discriminate against any persons on the basis of race, color, sex, age, handicap or national origin.



STUDENT ASSISTANCE PROGRAM



Working together for all of us!

*Boyertown Junior High West
380 South Madison Street
Boyertown PA 19512*