

Elementary Lunch Price: \$2.00
Milk: \$.50



BOYERTOWN AREA
SCHOOL DISTRICT

Adult Lunch Price: \$3.75 w/Beverage

November 2009 Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 A: Popcorn Chicken w/ Whole Wheat Roll B: Turkey & Cheese Sandwich Rice Pilaf Steamed Carrots Pineapple Milk	3 A: Pasta w/ Meat Sauce & Cheese Filled Bread Stick B: Chili w/ Cheese Filled Bread Stick Tossed Salad Mandarin Oranges Milk	4 A: Max Cheese Sticks B: Yogurt w/ Cheese Stick Tossed Salad Apple Slices Belly Bears Milk	5 A: Ham & Cheese Pretzelwich B: Breaded Mozzarella Sticks Tomato Soup Celery Dippers Mixed Fruit Milk	6 A: Hard or Soft Shell Taco w/ Fixings B: Tuna Wrap Rice Corn Fruit Filled Churro Milk
9 A: Hotdog on a Bun B: Rib-B-Que Sandwich Mashed Potatoes Sauerkraut Green Beans Applesauce Milk	10 A: Wedge of Pizza B: Lasagna Roll Up w/ Bread Stick Tossed Salad Peaches Milk	11 A: Chicken Tenders w/ Roll B: Meatballs in Gravy Baked Pierogies Steamed Broccoli Vanilla Pudding w/Strawberries Milk	12 A: Steak or Cheese Steak Sandwich B: Meatball Parmesan Sandwich Baked French Fries Fresh Veggies W/ Dip Pineapple Milk	13 A: Chicken Stix B: Salisbury Steak W/ Gravy Buttered Noodles Green Peas Orange Wedges Whole Wheat Roll Milk
16 A: Nachos w/ Taco Meat & Cheese Sauce B: Baked Potato w/ Taco Meat & Cheese Sauce Corn Mandarin Oranges Milk	17 A: Chicken Dipper w/ Dipping sauce B: Hamburger on Roll Mashed Potatoes Steamed Carrots Pineapple Whole Wheat Roll Milk	18 Roasted Turkey w/ Gravy Potato Filling Green Peas Cranberry Sauce Apple Crisp Whole Wheat Dinner Roll Milk	19 A: French Bread Pizza B: Yogurt w/ Cheese Stick Tossed Salad Fresh Fruit Milk	20 A: Chicken Pot Pie B: Shepherd's Pie Steamed Carrots Tossed Salad Peaches Whole Wheat Dinner Roll Milk
23 A: Waffles w/ Sausage B: Hot Ham & Cheese Sandwich Hash Brown Patty Orange Juice Fresh Fruit Milk	24 A: Spaghetti w/ Meatballs and Sauce B: Turkey Wrap Tossed Salad Bread Stick Fruit in Tart Shell Milk	25 A: Stuffed Crust Pizza B: Cheese Ravioli w/ Bread Stick Tossed Salad w/ Dressing Cookie Milk	26 No School Thanksgiving Holiday	27 No School Thanksgiving Holiday

MENUS ARE SUBJECT TO CHANGE

It is recommended that students take one Entrée choice.
 Other Entrée C choice for week of: 11/2 to 11/6 Chicken Caesar Salad
 11/9 to 11/13 Garden Salad
 11/16 to 11/20 Chef Salad
 11/23 to 11/25 Taco Salad

It will include a choice of a whole wheat roll, fruit and milk.

Available Daily with Lunch:

Assorted Fresh Fruits and Vegetables
 Small Tossed Salad
 Assorted 100% Fruits Juice
Milk:
 Skim, 1% White, 1%Chocolate, 1% Strawberry



Online Payment Service -Your child's school will accept online payments for school meals using mySchoolBucks.com. For more information and to Register online, access the website at www.myschoolbucks.com.

Parents, visit the Boyertown School District Web site and look for Teen Food & Fitness a monthly newsletter with tips and strategies to help encourage your child to eat more nutritiously and be more physically active.